




Cohen Veterans Care Summit

The Future Mental Health Care Landscape & Its Likely Effect On Veterans & Families

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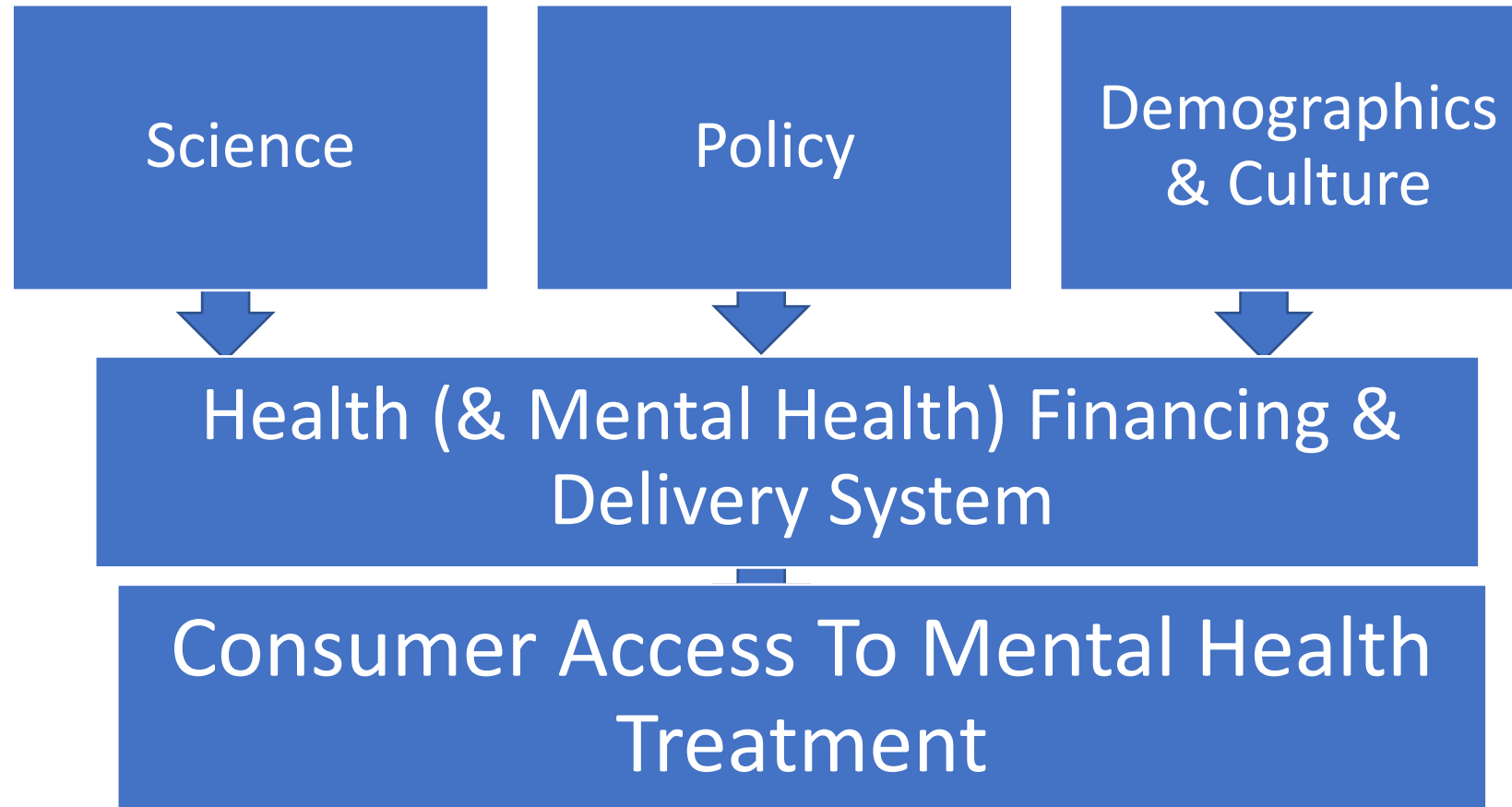
RONALD REAGAN BUILDING
WASHINGTON, DC



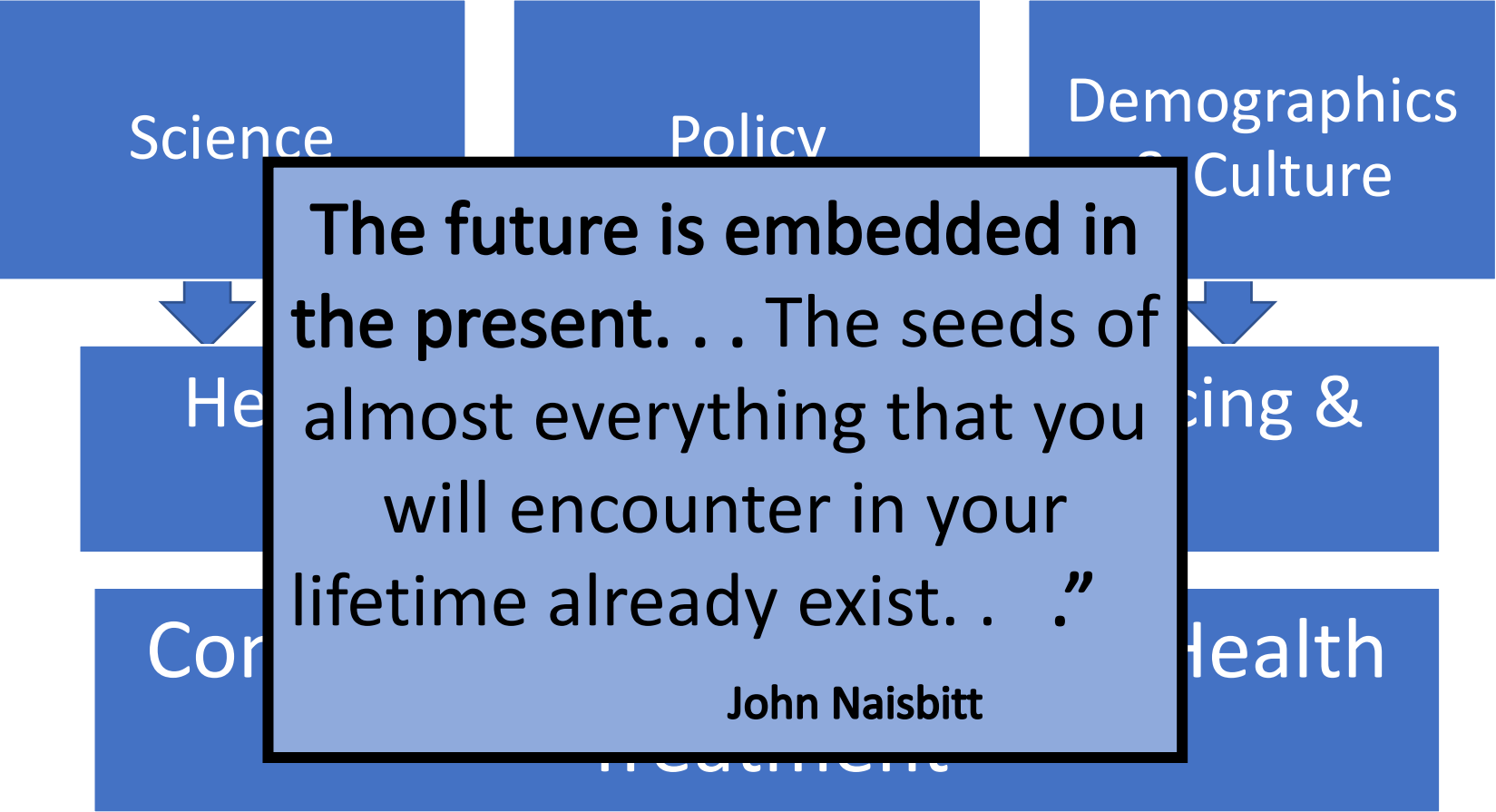
“Times and conditions
change so rapidly that
we must keep our aim
constantly focused on
the future.”

Walt Disney

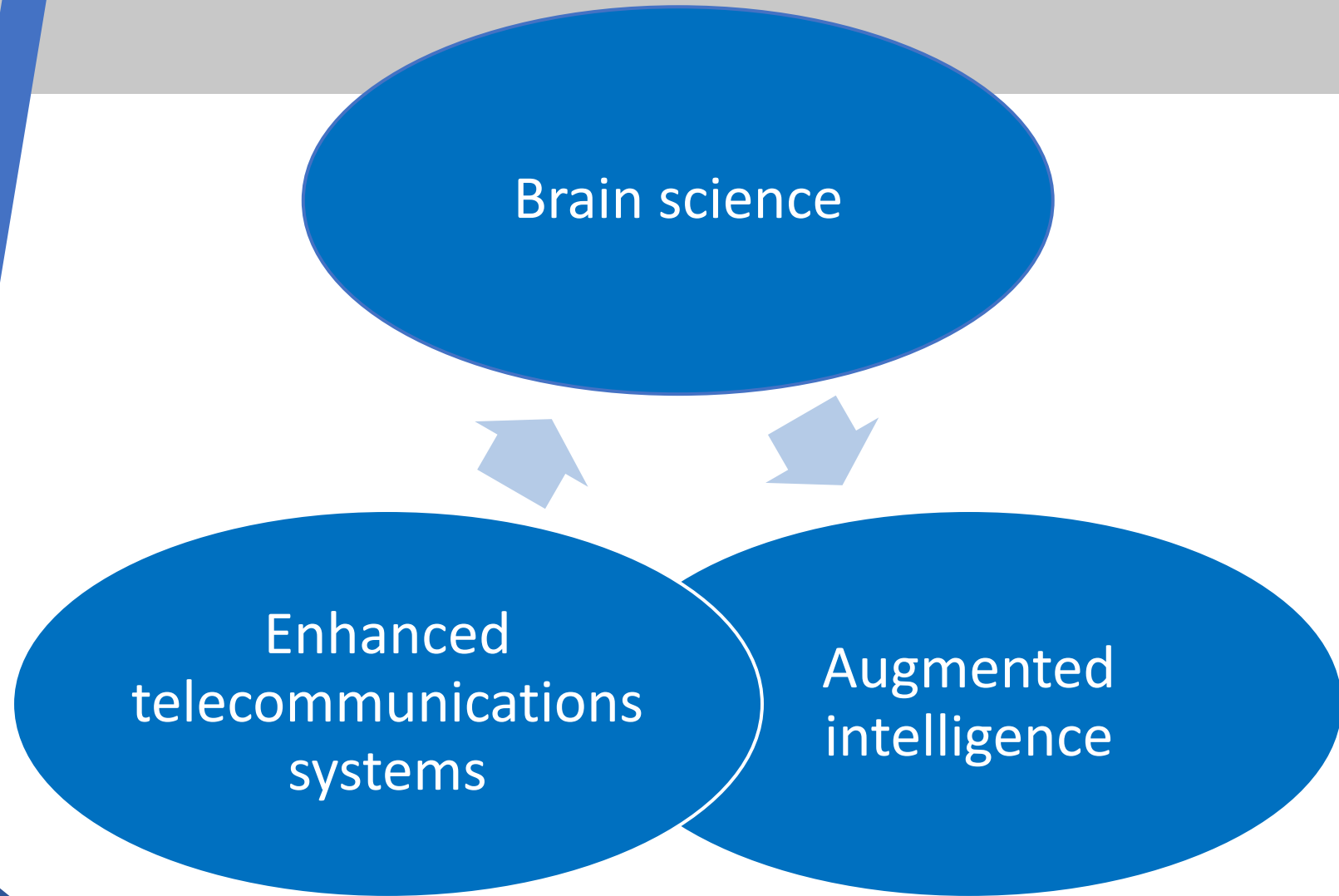
“The Future” Of Mental Health Depends On A Complex Set Of Factors



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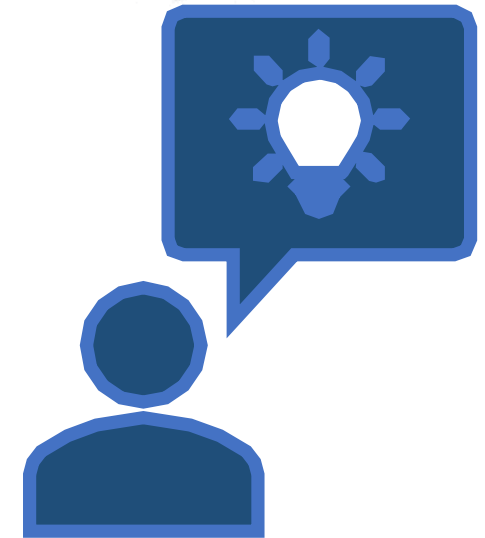


New developments in many scientific domains are reshaping mental health



The Changing Science – Brain Science

- Epigenetics and the effects of trauma
- Brain stimulation therapies
- Nutritional psychiatry
- Virtual automated mental and cognition therapies
- Personalized medicine and ‘precision psychiatry’



The Changing Science – Augmented Intelligence



Diagnostics



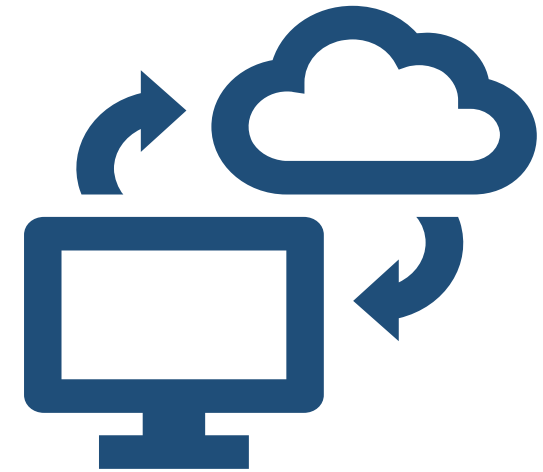
Treatment matching



The Changing Science – Enhanced Telecommunications

New hybrid treatment systems emerging

- Telehealth
- Store-and-forward
- Text
- eCBT and automated therapies
- Smartphone-based platforms - real-time remote monitoring, consumer engagement, disease state management platforms



The Science To Service Gap In Health Care (& Mental Health Care)

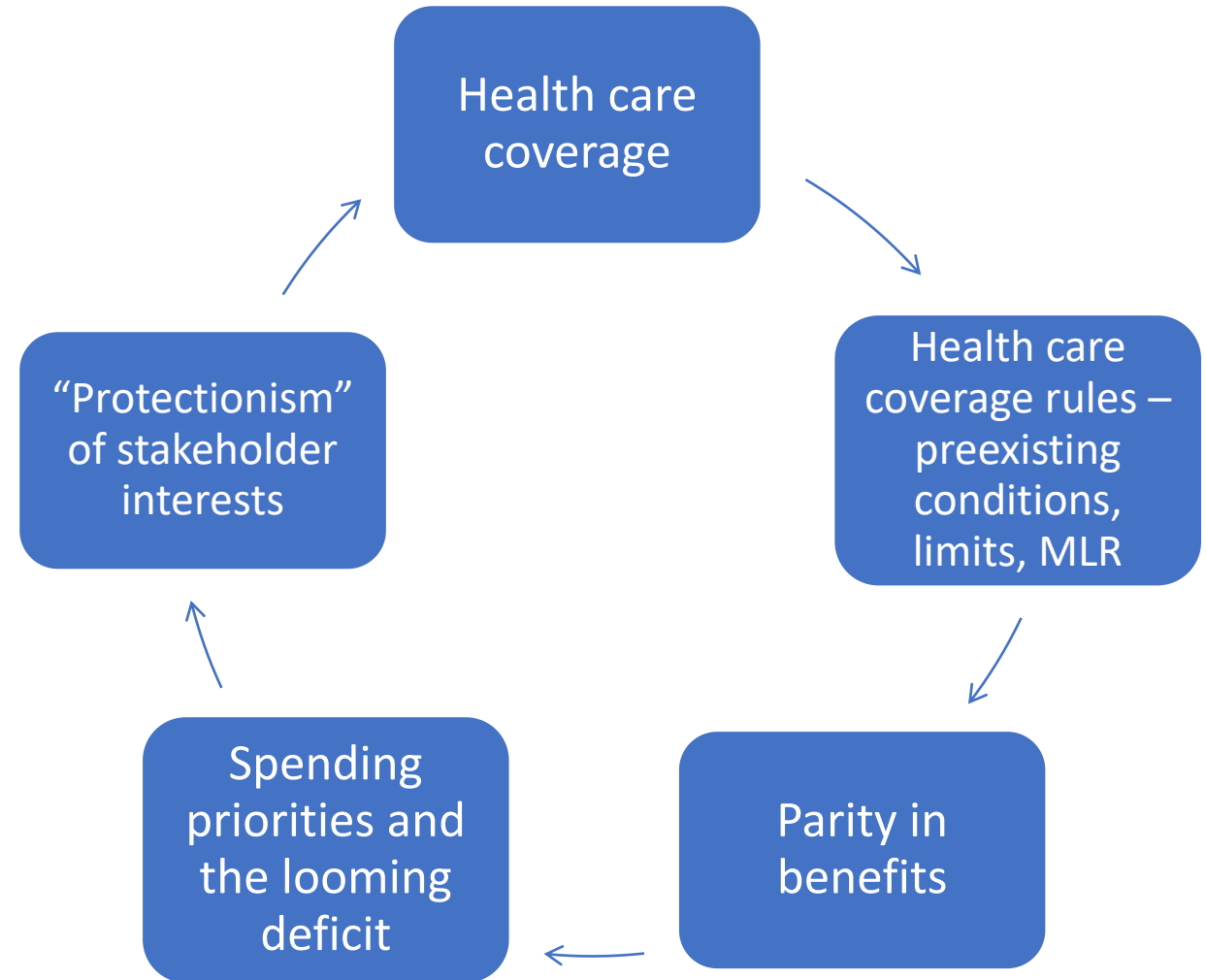
Adoption Of
New
Technologies

15- to 20-year lag
between the
development of a
practice and its use at
the community level

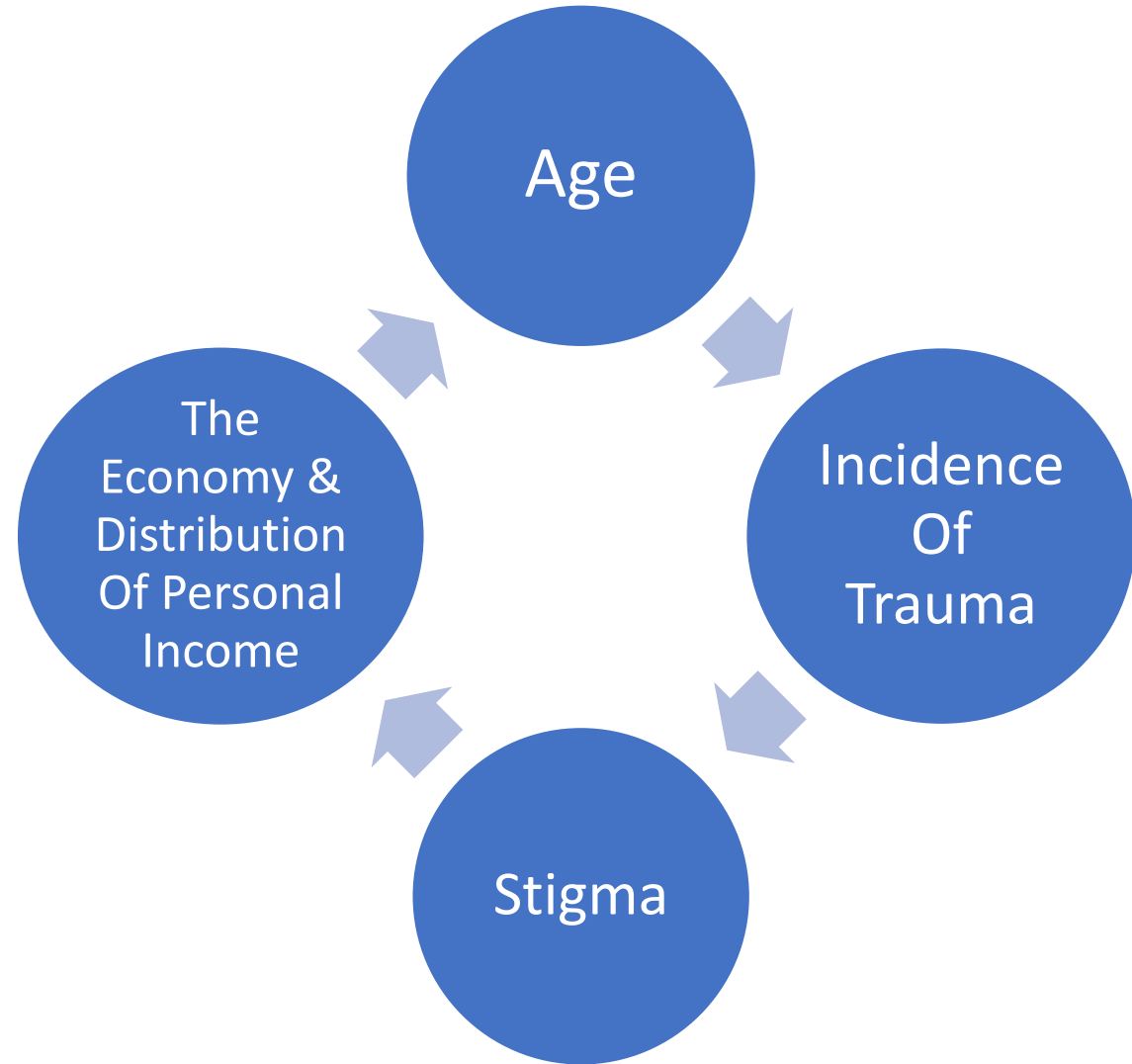
New
Treatment
Services For
Mental Health



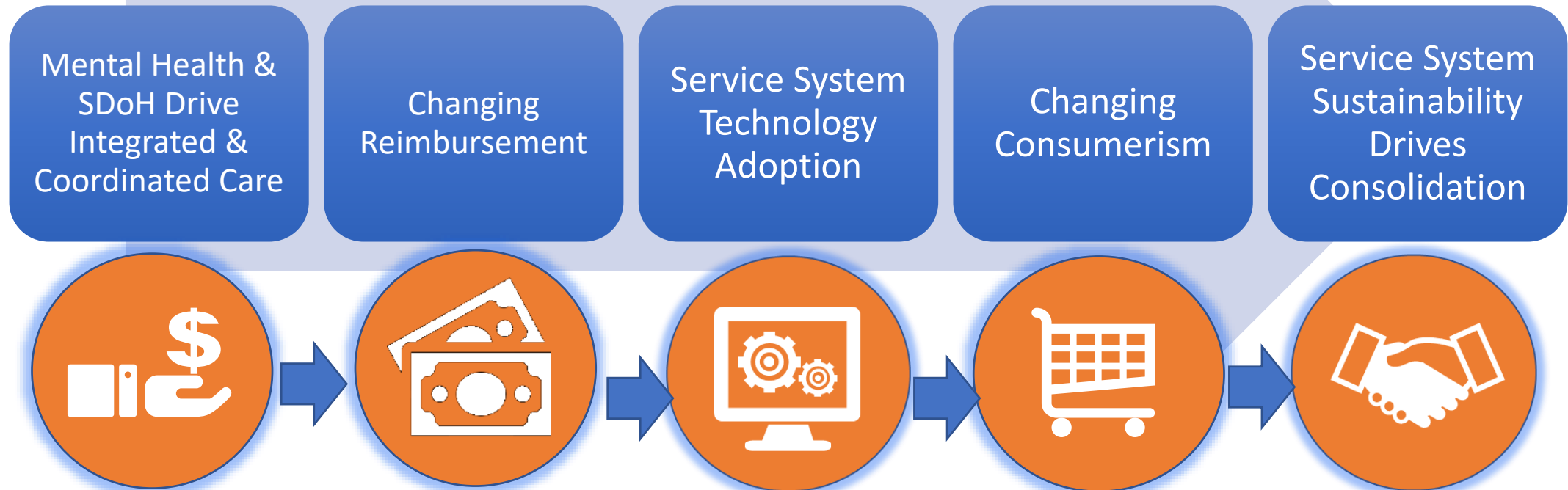
Policy Sets The Framework For How Science Is Dispersed



Demographics & Culture Shape The Consumer Landscape



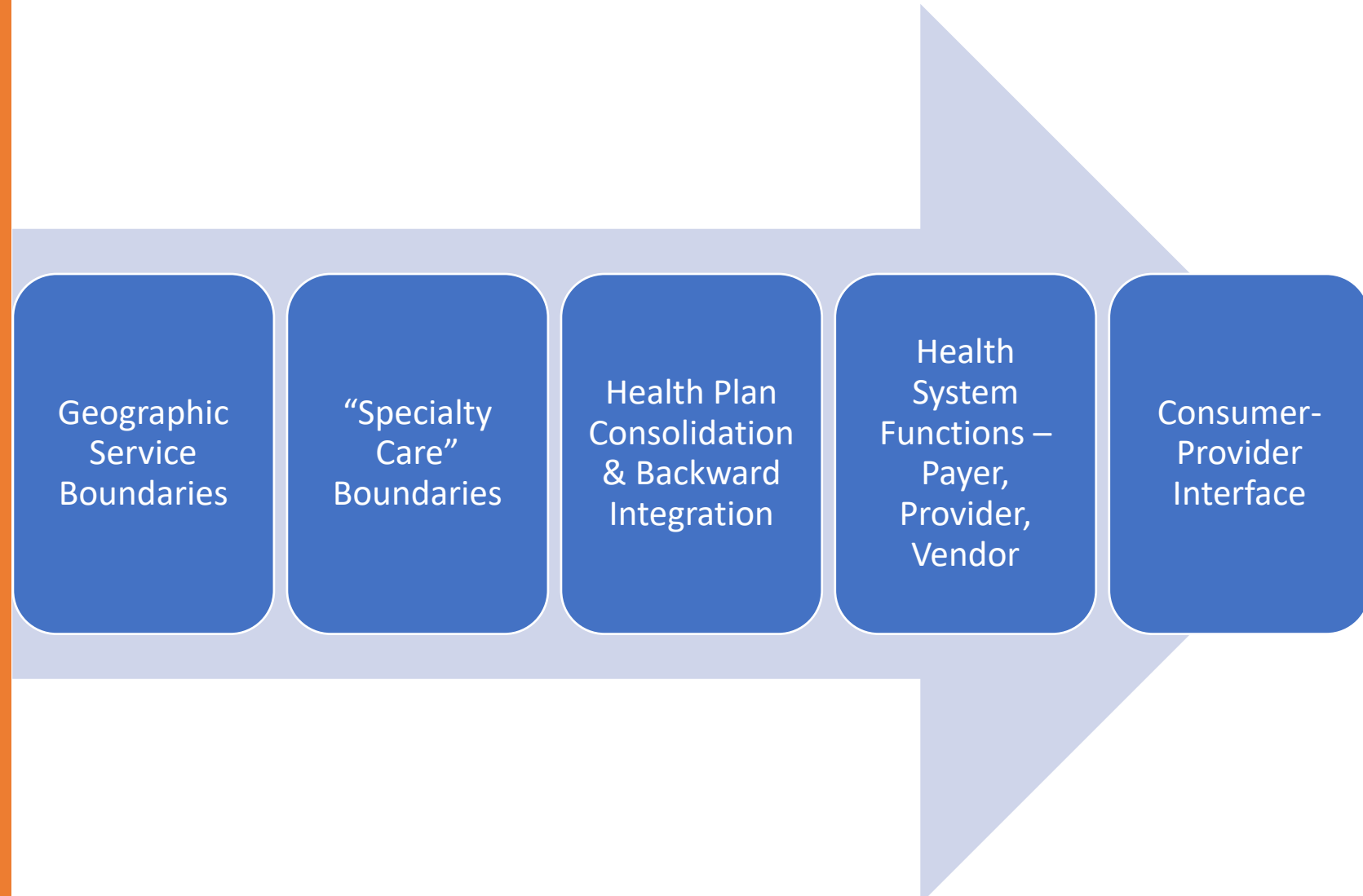
The Drivers Of The Changing Service Delivery Landscape



The 'Melting' Health Care Value Chain

The New Lexicon Of Health Care Consolidation

- Health plan merger
- Health plan backward integration
- Health system merger
- National health systems evolution
- Health systems acquiring specialty capabilities
- Specialty provider organization merger
- National 'specialty' delivery system evolution
- Health plans/pharma combinations
- Provider organizations/pharma combinations
- Pharma/tech combinations
- Tech-enabled service delivery



The Immediate Future Of Consumer Experience With Mental Health Treatment

Access Determined
By Health
Coverage Type &
Personal Income

Treatment Within
Integrated Systems
Of Care

Limited Choice –
Narrow Networks,
Evidence-Based
Practices

Tech-Enabled
Treatment Is The
Rule, Rather Than
The Exception

The Advocacy Issues Ahead



Coverage and its rules – universal or no? pre-existing conditions and coverage limitations? MLR rules?



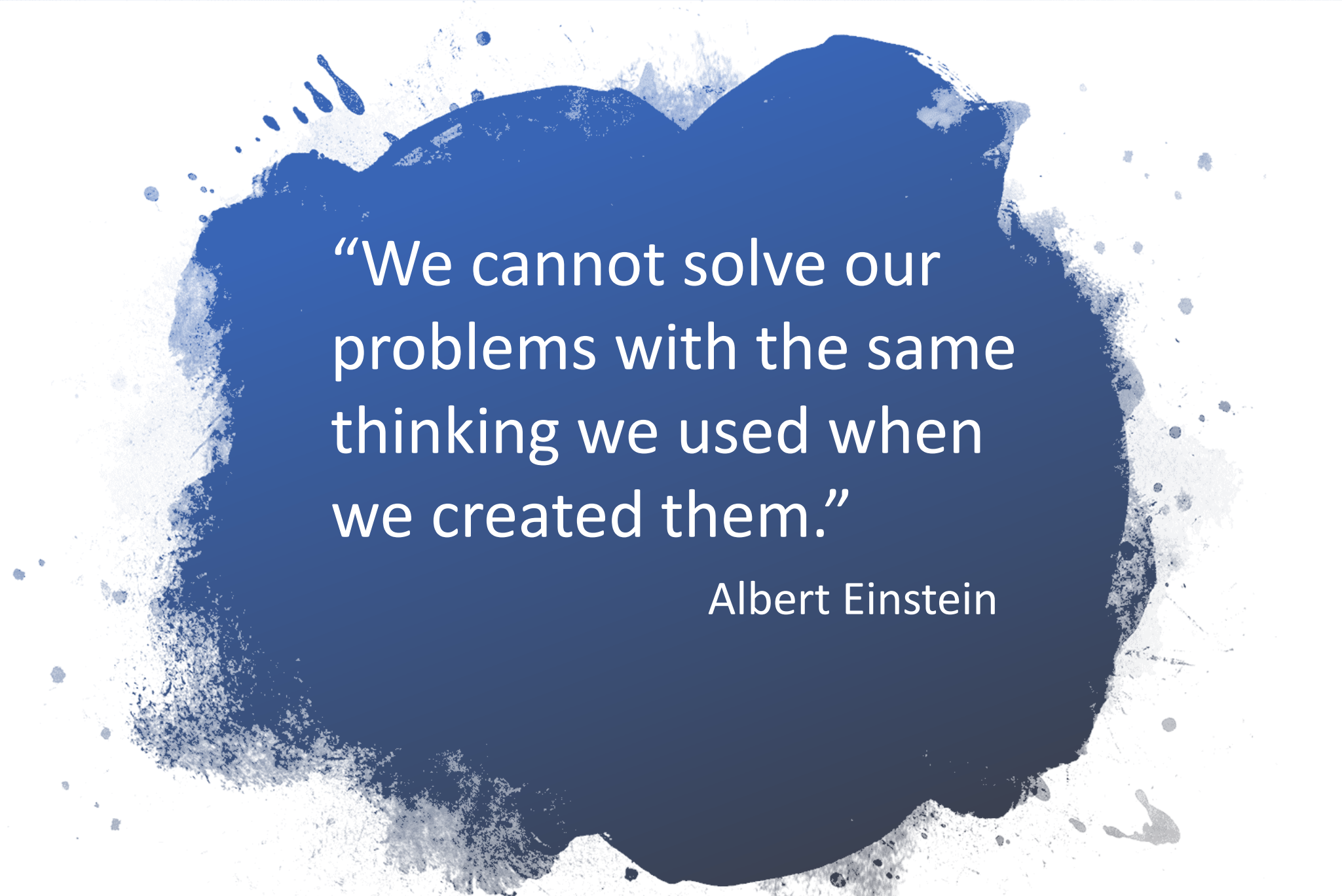
The operational definition of value in mental health



Addressing the science-to-service lag



Data-informed decisionmaking by all stakeholders – unique challenges of politics/policy, health care professionals, and consumers



“We cannot solve our
problems with the same
thinking we used when
we created them.”

Albert Einstein

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